

Mid-Island Volkssport Club

June

2010



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Lynn Brown, Frances Cej, Anne Thompson, Terry Voitchovsky.
Sunshine Committee: Anne Byrne 752-0154, Lyn Luke 248-3237.

PRESIDENT'S CORNER

May 2010

President's Report

Greetings to all you Volkssport walkers! I hope you have had a great February-March-April season of walking. Marie and I have missed quite a number of walks over this period as we have been travelling quite a bit lately, first to North Africa to visit our daughter who is working at the Canadian Embassy in Algeria and then on a Caribbean-Panama-Costa Rica-Mexico-Vancouver Princess line repositioning cruise to celebrate Hank and Anne Thompson's 50th wedding anniversary. We are now in serious need of extra walking/exercise to work off all the calories from all the wonderful food we were able to sample while on the ship.

We continue to have very good turnouts for most of our walks and have had several inquiries from people interested in joining the club. Membership currently stands at 93.

Trail master, Ruth, has just issued the latest walk schedule covering June thru

MEMBERS OF THE MIVC EXECUTIVE

PRESIDENT

Alf Randall 752-3538

PAST PRESIDENT

Peter Toft 752-1628

VICE-PRESIDENT

Vacant

SECRETARY

Marilyn MacLean 248-9504

TREASURER

Gerry Fitzpatrick 752-4666

WALKS COMMITTEE

Ruth Fitzpatrick, Donna Lynn Brown, Joyce Ronyecz, Donna McCrick, Lynn Luke, Peter Toft, Marilyn MacLean

NEWSLETTER EDITOR

Hank Thompson 752-3420

CLUB LIAISON

Brenda Cooper 752-2771

MEMBERSHIP

Phoebe Toft 752-1628

WALK BOXES/REGISTRATION

Bev Anderson 757-8444

SOCIAL COMMITTEE

Val Wilson (contact) 752-4820

Lucy Churchill, Ruth Fitz-Patrick, Donna-

August which includes many of our standard walks but introduces a few new routes. Thanks to all the volunteer leaders for these walks. Anyone who has any ideas for new walks please contact Ruth with your suggestion or better still scope out the walk yourself and give Ruth the information. If you are scoping out a walk try to give us a good idea of the length and time it takes to walk the route, the type of terrain, is it hilly or flat, and is it in the bush or along roads etc, scenery expected along the route and is there a good parking location for the start.

As mentioned in the last newsletter we were considering making a small donation of excess club funds to a worthy cause. The preferred cause was in support of trail development in our area. We contacted the Regional District trails coordinator who suggested donating towards updated and improved trail signage for the Top Bridge Regional Trail. We have as a result made a donation of \$500 towards this cause. The signage is apparently going to be applied to the section of the trail that cuts through the corner of Rath Trevor Park. So if you are walking there see if you can find the signs as our club is apparently credited on the signage.

Our club's annual general meeting is coming up in mid-summer and is scheduled for July 10. It will be held at Keith & Eileen's home who have once again kindly volunteered the use of their place for the meeting and barbecue. So make sure you mark your calendars and come out and participate in the food and fun.

Alf Randall, President
To Healthy Walking
In Fitness, Fun and Friendship

GREETINGS FROM THE EDITOR

As another year ends in the life of the Mid-Island Volkssport Club it is my pleasant duty to thank, on your behalf, the members of the Executive who have worked so hard over the past year. In particular, the Trail Committee have re-adjusted the schedule, re-vitalized old walks and introduced new ones to add some variety to our walks. The Social Committee has kept us busy on the non-walking side, in particular, thank you Lucy for organizing the soup and buns and Anne for the splendid finale at Deeze. If you wish to join this splendid group let Past President Peter know, or volunteer at the AGM; there is room for all.

There are a few little things members can do to help ease the jobs of the volunteers who are working for the club and make things run a bit smoother:

If you have volunteered to lead a walk and are unable to do so, it would be greatly appreciated if you would arrange for a replacement and then let Ruth and Brenda know.

Let Phoebe know if your personal information changes.

Changes to email addresses should be passed to Hank and Brenda; they should also be advised if you do not have an email account.

Cooperation helps, thank you.

Hank Thompson, Editor

NOTICE OF A MEETING

The Mid-Island Volkssport Club will be holding its 2010 Annual General Meeting on Saturday, July 10, 2010 at 15:00 hrs (3:00 PM) at the home of Keith and Eileen at 3036 Raymur place. All members are invited to attend. There will

be refreshments and games after the meeting. The agenda is attached to this Newsletter as an Annex. Any items of New Business are to be presented to the Secretary by 26 June 2010.

NEWS FROM THE SOCIAL COMMITTEE

A huge thank you to Anne Byrne and Lynn Luke who are resigning from the social committee after several years. Their service to MIVC is not over even though they will no longer help to organize social events. Both have offered to continue in their role as "Sunshine Ladies", and are now a separate Sunshine Committee. Please let one of them know if anyone is in need of cheering up. Contact Anne at byrnesr@shaw.ca or 752-0154 or Lynn at the2lukes@telus.net or 248-3237. Don't forget - new members are always welcome!

Put a note on your calendars and keep the evening of November 23 free for a catered dinner at the Qualicum Beach Legion. Roast beef, chicken cordon bleu, roast potatoes, vegetables, salads, dessert, coffee and tea can all be enjoyed for less than \$20 per person. A vegetarian option will also be available - and of course, non-walking spouses are always invited to social events. Exact cost and further details will follow in the fall.

Our AGM will, once again be held in Keith and Eileen's garden. The date this year is SATURDAY JULY 10. We will be having our meeting and membership renewal at 3:00 followed by appetizers, some fun and games and then a dinner. Our club will be providing the meat and dessert and you will be asked to contribute either a salad or an appetizer. More details will come out later in a special e-mail, but meantime mark the date on your calendar. See you then.

Your Social Committee



Rumours confirmed!

GRANDMOTHERS TO GRANDMOTHERS

You are invited to take part in a "Grandmothers to Grandmothers" walk which will be held on Saturday, 12 June, at Rath Trevor Park starting at 10:00 AM. The start point will be at Picnic Site No 1, the one nearest the main entrance, and the walk will be about 5km in length. There will be a donation box near the start but the main purpose of the walk is raise awareness of this campaign by the Stephen Lewis Foundation in support of Grandmothers in Africa and the families they care for. This walk will be part of the national walk, "Stride to Turn the Tide".